



GERD-Health Related Quality of Life Questionnaire (GERD-HRQL)

Institution: _____ Patient ID: _____ Date __/__/

! On PPIs ! Off PPIs If off, for how long? _____ days / months

- 0 = No symptom
- 1 = Symptoms noticeable but not bothersome
- 2 = Symptoms noticeable and bothersome but not every day
- 3 = Symptoms bothersome every day
- 4 = Symptoms affect daily activity
- 5 = Symptoms are incapacitating to do daily activities

2 weeks

- | | | |
|----|---|-------------------|
| 1. | How bad is the heartburn? | !0 !1 !2 !3 !4 !5 |
| 2. | Heartburn when lying down? | !0 !1 !2 !3 !4 !5 |
| 3. | Heartburn when standing up? | !0 !1 !2 !3 !4 !5 |
| 4. | Heartburn after meals? | !0 !1 !2 !3 !4 !5 |
| 5. | Does heartburn change your diet? | !0 !1 !2 !3 !4 !5 |
| 6. | Does heartburn wake you from sleep? | !0 !1 !2 !3 !4 !5 |
| 7. | Do you have difficulty swallowing? | !0 !1 !2 !3 !4 !5 |
| 8. | Do you have pain with swallowing? | !0 !1 !2 !3 !4 !5 |
| 9. | If you take medication, does this affect your daily life? | !0 !1 !2 !3 !4 !5 |

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|-----|--|-----------|----------------|----|----|----|----|
| 10. | How bad is the regurgitation? | !0 | !1 | !2 | !3 | !4 | !5 |
| 11. | Regurgitation when lying down? | !0 | !1 | !2 | !3 | !4 | !5 |
| 12. | Regurgitation when standing up? | !0 | !1 | !2 | !3 | !4 | !5 |
| 13. | Regurgitation after meals? | !0 | !1 | !2 | !3 | !4 | !5 |
| 14. | Does regurgitation change your diet? | !0 | !1 | !2 | !3 | !4 | !5 |
| 15. | Does regurgitation wake you from sleep? | !0 | !1 | !2 | !3 | !4 | !5 |
| 16. | How satisfied are you with your present condition? | | | | | | |
| | ! Satisfied | ! Neutral | ! Dissatisfied | | | | |

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Date (mm/dd/yy)